1()Creative Writing deas for all ages



Journal Buddies.com

107 Creative Writing Ideas for All Ages

Whether you're looking to integrate some self-reflection into your daily routine or simply hoping to improve your writing skills, journaling is an effective and inspiring solution. It's one activity where your age and experience levels don't matter. In fact, anyone can enjoy journaling and benefit from its meditative and creative nature. You just need a notebook and pen (or an electronic device of your choice), and you're ready to begin!

To help you get started, we've created an all-new list of 107 creative writing ideas for all ages. These entertaining, thought-provoking journal prompts will give you plenty of food for thought and at least several months' worth of writing material. From reflecting on the ways you've grown in the last five years to imagining a visit to the farthest corners of the Earth, you'll explore new ideas and dreams you may not have even known you had. And best of all, these prompts are adaptable and flexible for everyone—meaning you can use them easily in your own personal journal or even utilize them in a classroom setting.

Enjoy these fresh creative writing ideas for all ages—and see all the amazing places you can go with just a pen and your imagination!



- 1. Write about a time when you did something out of character.
- 2. If you could cut out a part of your daily routine, what would it be? Why? What would you do with the time you would save?
- 3. If you could learn the answer to any one unknowable question, what would you ask? Why?
- 4. What is your focus for this year? How does it shape your actions?
- 5. Write about something you are good at that you would like to explore more in the future.
- 6. What would you do with your time if you didn't have to work or go to school?
- 7. What is your "can't live without it" item?
- 8. What pizza topping best represents you? Why?
- 9. Would you commit a crime if you knew you would get away with it? Would it matter what type of crime it was? Why or why not?
- 10. Write about a great piece of advice you've received.
- 11. Brag about yourself a little! Choose 10 adjectives to describe yourself, and then write about one in detail.
- 12. Write about something you could do today to make someone else's day a little brighter.
- 13. Write about something you do that you've always wondered if other people do, too.
- 14. Where do you find inspiration?
- 15. Who do you spend most of your time with? How do they influence you and your life?
- 16. Who is your favorite superhero? Why?
- 17. Write about the most memorable dream you've ever had.
- 18. What is an experience that changed the whole trajectory of your life?
- 19. You walk into a bookstore. What section do you head for first?
- 20. Where do you feel most like yourself? Why?
- 21. Write about an embarrassing childhood memory. How does it make you feel to look back on it now?
- 22. Do you feel like your name suits you? Why? If not, what name would suit you better?
- 23. Do you believe in karma? Why or why not?
- 24. If you could suddenly be an expert in anything, what would you choose? Why?
- 25. Write about your perfect day from start to finish. Use as much detail as possible.
- 26. Choose a fictional character you relate to. Describe what makes you similar.
- 27. Write about your top pet peeve. Why does it bother you so much?



- 28. What do you want to be like when you are old? Why?
- 29. How do you know when it's time to move on from something or someone in your life?
- 30. If you could be anywhere in the world right now, where would you want to be? Why?
- 31. If you could travel to space, would you go? Why or why not?
- 32. What is the most beautiful sight in the world?
- 33. Have you ever gotten something you really wanted, only to find out it wasn't what you imagined? Write about your experience.
- 34. Are you an introvert or an extrovert? How does that affect your daily life?
- 35. How have you changed in the last five years?
- 36. In this moment, what are you most grateful for?
- 37. Write about something that confuses you.
- 38. If you could relive a single memory, which would you choose?
- 39. Write about one quality that makes you unique.
- 40. What is your scariest memory?
- 41. What is the best way to spend a summer evening? Why?
- 42. If you could only have one hobby, what would you choose? Why?
- 43. Write about a time when you fought for something you believe in.
- 44. Use a metaphor to describe yourself to someone who has never met you.
- 45. What food could you eat every day without getting tired of it?
- 46. Write about your greatest accomplishment.
- 47. What is your ultimate dream job? What makes it seem so amazing?
- 48. Who is the most memorable person you've ever met? What made him or her so distinct?
- 49. What thing found in nature best represents you? Why?
- 50. Write about your favorite meme or a part of "meme culture" that you enjoy.
- SI. In the movie of your life, what scene would be the climax? Why?
- 52. What is the #1 item on your bucket list? Why is it so important to you?
- 53. If you could go back in time to change one thing you regret, would you? Why or why not?
- 54. Write about something you once learned that you still use every day.
- 55. If you could bring back the fashion from any decade, what would it be? Why?
- 56. Write about a time when someone changed your perspective.
- 57. What is your favorite smell? Describe it in detail.



- 58. Would you rather be stuck on a desert island alone or with your worst enemy? Why?
- 59. Write about a time when you bit your tongue, even though you really wanted to say something.
- 60. Imagine you learn something that could improve many lives, but revealing it would hurt your best friend. What would you do?
- 61. Write about something you are especially talented at.
- 62. What is your favorite type of weather? Describe it using your five senses.
- 63. Do you feel different after getting a good night's sleep? Describe how you feel the next day.
- 64. If you could spend a day at the beach with anyone in the world, whom would you go with? Why?
- 65. Picture your dream house. Is it realistic or fantastical? What amazing features does it have?
- 66. How do you know whether or not someone is a true friend? Describe the qualities that help you tell.
- 67. Choose a personal "theme song." Why does it suit you?
- 68. What was your favorite toy as a small child? Do you still have it?
- 69. If you could live forever, would you want to? Why or why not?
- 70. Write about a time when you did something really cool, but no one was around to see it.
- 71. Are you more of a country person or a city person? Why?
- 72. Describe the last thing you ate, using as much sensory detail as possible.
- 73. Do you believe soulmates exist? Why or why not?
- 74. Write about something that most people don't know or wouldn't guess about you.
- 75. Imagine the person you want to be in 10 years. What are some words and actions that describe him or her?
- 76. Would you rather have a third arm or a third leg? Why?
- 77. Write about a time when you felt like you couldn't win.
- 78. What exotic or mysterious part of the world would you most like to see some day?
- 79. What is the hardest job in the world? Could you ever do it?
- 80. What is your most prized possession? What makes it so special to you?
- 81. If you had enough money to buy anything in the world—but only that one thing —what would you buy? Why?
- 82. What is the best part about living in the 21st century?



- 83. Write about something you shared with your first friend.
- 84. What would you do if you found out you only had a year to live?
- 85. Imagine you get to build your own Mount Rushmore. What four new figures would you choose? Why?
- 86. What is the best thing to do when you feel sad or alone?
- 87. Do you feel like time typically passes quickly or slowly? Why?
- 88. Write about a time when you had a memorable interaction with a stranger.
- 89. Would you rather be invisible or have the power to teleport? Why?
- 40. Write about a distinctive sound that you associate with a particular memory.
- 91. What is your favorite thing in the world?
- 92. Write about a time when you realized that you didn't have it all figured out.
- 93. Write about a teacher who had a major impact on your learning.
- 94. What talent or useless skill could you win a gold medal in?
- 45. If you could travel anywhere in space or time—but you had to stay wherever you went—would you go? Why or why not?
- 96. Imagine you have a personal assistant. What do you ask them to do to improve your life?
- 47. Write about a time when you were really, truly happy.
- 48. If you could choose one age to live at forever, what age would you choose? Why?
- 49. What would you do if you discovered you had been kidnapped as a child?
- 100. If you could fix a single problem in the world, what would you choose to fix? Why?
- 101. Would you rather travel in time to meet your ancestors or your future descendants? Why?
- 102. Are you good at being on time? Why or why not?
- 103. What historical figure do you most admire? Why?
- 104. What was the most unique or special gift you ever received? How did you feel when you opened it?
- 105. What attributes do you value most in a friend? Do you display them yourself? Why or why not?
- 106. What would you do if you had an extra three hours every day?
- 107. What do you like to do when you are stressed? Make a list of things that help you relax.

